

# Cook's Rules



1. Read each recipe before you start, to make sure you have everything you need.
2. Wash your hands and put on an apron before you start cooking.
3. Carefully weigh or measure all the ingredients you use.
4. Always wear oven gloves when picking up anything hot, or when putting things into or taking them out of the oven.
5. Be very careful with sharp knives.
6. Turn saucepan handles to the side of the stove top so that you do not knock them.
7. Never leave the kitchen while electric hot plates or gas rings are turned on.
8. Always turn the oven off when you have finished cooking.

## IBT Sample Questions

**1** What is this text?

- A** a recipe
- B** a report
- C** a set of instructions
- D** a story about cooking

**2** The main reason for Rule 7 is that

- A** you would waste electricity.
- B** a fire might start.
- C** you might burn yourself.
- D** the food might taste bad.

**3** What does the text tell you to do after finishing cooking?

- A** Taste the food.
- B** Turn off the oven.
- C** Clean the stove.
- D** Leave the kitchen.